



About Boys Course

Jaime Long



Session 3.

How to understand why boys do what they do and what motivates them.

Aims

- Grapple with motivation and what pressures and drives boys have.
- To enable Mums to understand motivation generally and what motivates boys in particular

Outcomes

- Clearer understanding of why boys do what they do
- What mothers need to do to enable boys to stay motivated now and in the future.

Session 3.

Feedback:

- How did you do with your homework?
- How did the techniques go?
- What did you notice?
- Give me an example of when it worked

Motivation

- Age 0-1

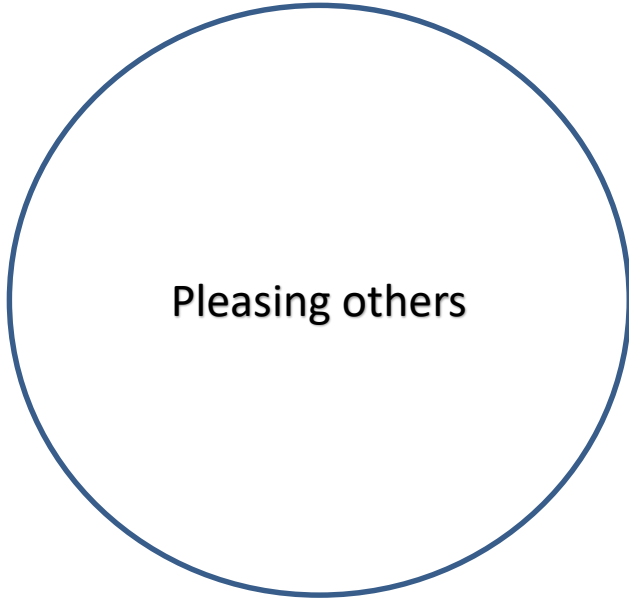
Babies are motivated by survival

- Age 1-2

Motivated by what makes them feel good

- Age 2-4 years

Children motivated in two different ways



External motivators have their problems and limitation

- Rewards and Incentives
- Threats and punishments
- Competition
- Be the best
- Because god is watching
- To please you

Developing motivation

Have high expectations

Challenge

Do your best

Give him a reason

Responsibility

Ability and struggle

Not to give up

Concentration

Boredom

General problem solving

Do as well as he can

Homework

Try the techniques