



# About Boys Course

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# Why Boys?

Anxiety around boys:

- Crime
- Suicide
- Violence
- Education

# Aims of the course

To provide you with...

- An understanding of your son's behaviour and development
- Practical ways to provide discipline and boundaries
- More confidence to support your boy through difficulties

# The Course

Session 1. Differences between boys and girls development

Session 2. Understanding of, and practical strategies to maintain, discipline and boundaries

Session 3. Why boys do what they do and what motivates them

Session 4. Preparing boys for school

# Session 1.

To reflect on gender differences

# Session 1.

- What is your name?
- What is your sons name and age?
- What are the issues of concern?
- What would you like from the course?

Male

Female

What are the differences you see between boys and girls?

# Old theory

- Inherit behaviours off your parents
- Boys have slower brain development
- Terrible twos
- Boys and girls learn differently – different gendered brains
- Right and left side of brain



# Facts

- Nothing about behaviour is hard wired
- Brains are soft wired they have plasticity
- Childs brain 0-5 can change through habits and consistency
- Children can recover from experiences quickly
- No behaviour is inherited
- Gender leaning characteristics but we can say boys do X girls do Z



70% Girls talk early  
70% Boys walk early

Boys learn by action; they take  
risks

We shout more at boys

Techniques

Touch and talk

Low and Slow

Homework

Try the techniques