

Lunch Menu

3rd Sep/24th Sep/15th Oct

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1					
Meat/Fish	Chicken Sausage & Gravy with Mashed Potatoes	Beef & Onion Pie with Boiled Potatoes	Roast Turkey & Gravy with Roast Potatoes	Kheema Lamb Curry with Wholegrain Rice	Fish Fingers & Chips
Option 2	Quorn Sausage & Gravy with Mashed Potatoes	Roast Vegetable Lasagne	Macaroni Cheese	Meat Feast Pizza (Beef)	Quorn Burger & Chips
Vegetarian	Vegetable & Chickpea Balti with Wholegrain Rice	Italian Tomato & Basil Penne Pasta	Vegetable Balti Burrito	Margherita Pizza	Sweet Potato & Lentil Curry with Rice
Dessert	Fruit Salad/ Yoghurt	Fruit Salad/ Yoghurt	Fruit Salad/ Yoghurt	Fruit Salad/ Yoghurt	Fruit Salad/ Yoghurt

10th Sep/1st Oct/22nd Oct

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 2					
Meat/Fish	Quorn Meatballs in Tomato Sauce with Pasta	Beef Pasta Bolognese	Roast Chicken with Roast Potatoes & Gravy	Spicy Beef Pizza	Battered Fish and Chips
Option 2	Vegetable Chow Mein	Cheese, Tomato and Basil Pinwheel	Cheese and Potato Pie	Red Onion & Sweetcorn Pizza	Vegetarian Frankfurter with Chips
Vegetarian	Jacket Potato with Baked Beans and Cheese	Vegetable and Chickpea Jambalaya	Neapolitan Pasta	Sticky Salmon Wrap	Vegetable Caribbean Curry with Rice
Dessert	Seasonal Fruit Platter and Yoghurt	Seasonal Fruit Platter and Yoghurt	Seasonal Fruit Platter and Yoghurt	Seasonal Fruit Platter and Yoghurt	Seasonal Fruit Platter and Yoghurt

17th Sep/8th Oct/29th Oct

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 3					
Meat/Fish	Beef Chilli Con Carne with Rice	Chicken & Sweetcorn Pie with Boiled Potatoes	Roast Beef with Roast Potatoes & Gravy	Jamaican Jerk Chicken with Rice	Fish Fingers & Chips
Option 2	Roasted Stuffed Peppers with Rice	Shepherdess Pie	Roasted Soya Strips with Roast Potatoes & Gravy	Red Onion & Sweetcorn Pizza	Vegetable Crumble with Chips
Vegetarian	Tuna & Sweetcorn Mayo Wrap	Sweet Potato & Lentil Curry with Rice	Vegetable Bake with Roast Potatoes	BBQ Chicken Pizza	Quorn & Vegetable Fajita with Chips
Dessert	Seasonal Fruit Platter and Yoghurt	Seasonal Fruit Platter and Yoghurt	Seasonal Fruit Platter and Yoghurt	Seasonal Fruit Platter and Yoghurt	Seasonal Fruit Platter and Yoghurt